

Seamen's Center of Wilmington
Knitting Instructions

Watch Cap

Materials: 4-ply worsted weight yarn

Needles: Pair No. 6 or size needed to obtain gauge, wool needle for joining seam and crown

Gauge: 5 sts=1"; 7 rows=1" (garter stitch)

Border of Cap: Cast on 84 sts. K2, P2 for 4 inches.

Body of Cap: Knit even in garter stitch for 40 rows (20 ridges).

To Form Crown: *K10, K2tog* repeat across - 77 Stitches. Knit back even.

K9, K2tog repeat across - 77 Stitches. Knit back even.

K8, K2tog repeat across - 77 Stitches. Knit back even.

K7, K2tog repeat across - 77 Stitches. Knit back even.

K6, K2tog repeat across - 77 Stitches. Knit back even.

K5, K2tog repeat across - 77 Stitches. Knit back even.

K4, K2tog repeat across - 77 Stitches. Knit back even.

K3, K2tog repeat across - 77 Stitches. Knit back even.

K2, K2tog repeat across - 77 Stitches. Knit back even.

K1, K2tog repeat across - 77 Stitches. Knit back even.

You now have 14 stitches remaining on needle. Knit back even 7 stitches to middle of row.

To Join Crown:

With half the stitches on each needle, break yarn leaving 18" length and thread into wool needle. Fold cap so that both needles are even and parallel (one in back of the other), with free yarn extending from right-hand end of back needle (or the one farthest from you). While working always keep yarn under knitting needles. Weave sts from front and back needles with Kitchener stitch, or as follows: Start on front needle. *Pass wool needle through first st on knitting needle (enter from left to right) as if to knit. Slip st off needle. Pass through second st on same needle (enter from right to left) as if to purl. Pull yarn through but leave on needle. Repeat from * on back needle. Weave sts alternating from front to back until all sts are off needles. Pull yarn through and fasten securely, leaving extra length to sew up the side seam.

To Sew Seam:

Place edges of cap adjacent to each other, pattern matching. Secure edges with safety pins. Picking up outside loop of stitch from each side, sew back and forth, drawing two edges securely together from top of crown to bottom of cuff. *Do not sew through double thickness. Do not block cap.*

Send completed caps to:

Seamen's Center
Port of Wilmington
PO Box 405
Wilmington DE 19899

If you like, mention that the cap is sent in memory of Doris Hite -- who knitted countless watch caps for chilly seamen. And feel free to share this pattern sheet and donation request with other knitters!

<http://www.dioceseofdelaware.net/seamensCenter.html>